



## **What is the Unified Sports P.E. Curriculum?**

The Unified Sports P.E. Curriculum is an inclusive program that combines athletes (students with intellectual disabilities) and partners (students without intellectual disabilities) on sport teams for training and competition within the Physical Education (P.E.) Classroom and Special Olympics Arizona competitions. The Unified Sports P.E. Curriculum follows Arizona P.E. State Standards and all students receive a P.E. credit towards graduation.

The Unified Sports P.E. Curriculum entails District Outcomes which demonstrate civic and personal responsibility. The curriculum applies appropriate communication skills in a variety of situations. Course outcomes identify specific rules, strategy, student diversity and health issues specific to a variety of sports, while demonstrating proficiency in various movement forms.

## **Contents of the Curriculum:**

- Course Introduction including State Standards for each Benchmark Task
- Assessment per student which includes skill level, partners, athlete and teamwork
- Inclusive Parent Guide
- Eleven four week units covering two school year semesters
- Individual unit includes:
  - History of original game
  - Description of Unified Sports®
  - History of Special Olympics
  - Cultural Influences
  - Health and Social Benefits of Individual Sport
  - Safety Rules
  - Official events, rules, equipment, and definitions for each sport
- Skill Assessment Sheets
- Free training offered before starting the curriculum and continued support

## **Electronic Version of the Curriculum:**

[https://drive.google.com/open?id=0BzGmp2N\\_IQZAVGpYX1hCNHBBelU](https://drive.google.com/open?id=0BzGmp2N_IQZAVGpYX1hCNHBBelU)